

Innovative approaches to building respect for older people

Date: 26 March 2019

Time: 12.30 - 4.30pm

Location: Multipurpose Room2. Kathleen Syme Library, 251 Faraday St Carlton.

About the workshop

The focus on Age Friendly Communities, Positive Ageing, Elder Abuse and the Royal Commission into Aged Care has thrown a spotlight on the need to build respect for older people. Underpinning the lack of respect for older people – is ageism. Addressing ageism is complex; because ageism is so culturally embedded and pervasive many people can't see it. But we must call out ageism – because we can't be free from what we can't yet see.

This workshop begins by outlining the critical importance of addressing ageism in order to build respect for older people. We then present a suite of innovations to achieve this goal. The workshop covers:

1. A tool for identifying ageism and how pervasive it is
2. Internalised ageism as a barrier to social connection and positive ageing
3. The links between ageism and respect for older people (and Elder Abuse)
4. A suite of innovations for challenging ageism and building respect for older people
5. Approaches to change that engage older people and build social connection.

This workshop is for everyone who is passionate about building respect for older people. It is particularly structured for services and community groups who are interested in creating cultural change. New opportunities to collaborate on eight Celebrate Ageing innovations will be presented. The innovations engage community in ways that build social connection and respect.

Presenters

Dr Catherine Barrett has been working with older people for over 30 years. In 2016 she established the Celebrate Ageing Program, a Social Enterprise challenging ageism and building respect for older people. Initiatives in the Celebrate Ageing include: [Projecting Beauty](#) (catwalk against ageism); [The Elder Leadership Academy](#) (Fellowships for older people to co-lead social change); [The Museum of Love](#) (celebrating Love in the lives of people with dementia); [Alice's Garage](#) (empowering LGBTI Elders), [The OPAL Institute](#) (promoting sexual rights of older people); [Embolden](#) (an annual Festival challenging ageism and building respect);

Maria Berry has carried her passion for improving care and treatment of older people on a professional and community level for over 30yrs as a nurse, an advocate and a daughter. In her current role as a Health Consumer Representative she has been involved with organisations at a regional, national and international level. She is a Nationally recognised spokesperson on respect for older people and preventing Elder Abuse. Maria is the Education Co-Coordinator for the Celebrate Ageing Program.

Registration: \$191.66 inclusive of afternoon tea and Innovations Kit. Bookings through Eventbrite [here](#)

Registrations limited: to 30 participants

Contact us: email: director@celebrateageing.com or phone Catherine: 0429 582 237

Website: <https://www.celebrateageing.com/education.html>

