



CATHERINE BARRETT



Curriculum Vitae, Feb 2024

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Overview

Dr Barrett established Celebrate Ageing in 2013 to combat ageism and build respect for older people. In 2016 the organisation became a charity. Celebrate Ageing utilizes art-based approaches to bridge the evidence – culture gap. Achievements include:

- 60+ partnerships and collaborations
- 5000+ education participants
- 525,000+ social media followers
- 80+ YouTube videos produced
- 200+ media stories

Awards

- 2023: Inducted into [Victorian Honour Roll of Women \(TrailBlazer\)](#)
- 2022: [Impact 25 Pro Bono Australia Award](#)
- 2022: [Kindness Pandemic voted most uplifting Facebook Group in the World](#)
- 2020: [GLOBE LGBTIQ Person of the Year](#)
- 2019: [GLOBE Award for Promoting Healthy Communities](#)
- 2019: [Australian Association of Gerontology Glenda Powell Travelling Fellow](#)
- 2018: [Australian Human Rights Medal Finalist](#)
- 2011: Harold Mitchell Travelling Fellowship
- 2009: VAC research Project of the Year Award for the *My People* report
- 2004: Australian Nursing Federation, Victoria Branch Research Award.

Academic qualifications

- 2010: Graduate Diploma in Experiential and Creative Arts, MIECAT
- 2006: Doctor of Philosophy, The University of Melbourne
- 1998: Certificate IV in Workplace Assessment and Training, Ballarat University College
- 1994: Bachelor of Applied Science Nursing, Victoria University of Technology.

Contact details

PO Box 1377 St Kilda, 3182

Phone: 0429 582 237

Email: director@celebrateageing.org

Programs

Our programs include the Elder Leadership Academy, Celebrate Ageing School, the Centre for Intergenerational Power and The Kindness Pandemic.

The Elder Leadership Academy

Established [The Elder Leadership Academy](#), which is at the heart of Celebrate Ageing. The Academy recognises that older people have the skills and capabilities to transform their own worlds. Beyond representation, consultation, co-design and co-production – the Academy offers older people Fellowships to work together on creating change. Six Fellows have graduated.

The Centre for Intergenerational Power

Established [The Centre for Intergenerational Power](#) (CIP), bringing together people of all ages to combat ageism - and to discover the power we have to change the world when we work together. Projects include:

- [Gen K](#): workshops bringing older and younger people together to combat ageism and undertake acts of kindness to strengthen local communities
- [Turbulence](#): a series of short films about the challenges of ageing experienced by older LGBTIQ+ people and the transformative power of intergenerational connection
- [The Grief Garden](#): stories from older LGBTIQ+ people about Pride and ‘what and whom’ has been lost – translated into garden design by landscape architecture students
- [SQUADS](#): Story Telling Queers Against Discrimination involves LGBTIQ+ people and allies writing Pride Fairy Tales about their actions to wrap community around LGBTIQ+ people doing it tough
- [Small Acts of Love](#): stories from people living with dementia and their families and friends about how love matters. The stories explore what is more complex because of dementia and what strategies are used
- [Letters of Love and Dementia](#): Letters about love between people living with dementia and their family and friends
- [The Kiss](#): photographs of people living with dementia kissing people they love
- [Abundance](#): a story pantry affirming Trans and Gender Diverse ageing
- [Hold Hands on a Tram](#): an historical re-enactment of a tram ride to celebrate lesbian Herstory and resistance
- [Never a Crime](#): Building LGBTIQ+ pride and healing the shame generated by Queerphobia in mask making workshops
- [My Grandmother](#): Stories about older women we love – and what they taught us
- [Kitchen Table](#): Portraits of intergenerational families at the Kitchen Table and their stories of respect for older people
- The Tea Tent: A safe space for older LGBTIQ+ people at Midsumma Carnival – providing tea in proper tea cups, service provided by younger LGBTIQ+ community members
- [Runway6](#): older LGBTI people modelling fashion from a Queer designer and reflecting on self confidence in an ageist/Queerphobic world
- [Becoming](#): Movement as expression of positive ageing in partnership with Rawcus theatre
- Love Cosies: Messages to older people we love.

Celebrate Ageing School

Established [The Celebrate Ageing School](#), an education platform offering innovative online learning opportunities for individuals and those wanting to facilitate training for others. All education programs have been codeveloped with older people.

The Kindness Pandemic

Established [The Kindness Pandemic](#), a campaign promoting acts of Kindness for people doing it tough during the Covid19 Pandemic. Achievements include:

- 570,000+ members within 2 weeks
- 70+ local Kindness Pandemic groups around the world
- 40+ partnerships
- 30 campaigns
- 100+ media stories
- 86% of members reported membership improved their mental wellbeing
- Voted the Most Uplifting Facebook Group in the World
- Led to the development of Gen K workshops – to combat ageism, strengthen local communities and promote intergenerational connection.

Partnerships

Partnerships with marginalised groups of older people are critical for an intersectional approach to combatting ageism and building respect for older people. These partnerships provide an opportunity to identify and bridge gaps in equality – and an opportunity for cross cultural learning about respect. Partnerships include people living with dementia (the Museum of Love), LGBTQ+ communities (Alice’s Garage), older women (the OPAL Institute), and Polio survivors (Long Covid).

The Museum of Love

Established [The Museum of Love, which](#) produces, collects and displays art highlighting the importance of love in the lives of people living with dementia. The collections challenge unhelpful myths of people living with dementia as less than human. The Museum includes the following exhibits:

- [Dance](#): workshops and stories from people with dementia about what belonging means to them
- [Pulse of my Heart](#): a series of films tracing the journey of Edie Mayhew and her married partner Anne Tudor as they live with dementia
- [Bigger Hearts](#): successfully created momentum for a dementia friendly Ballarat. Produced a [film](#) challenging the stigma of dementia.
- [Small Acts of Love](#): Symposium on Dementia and Love in Ballarat. Symposium speakers were people living with dementia and their family and friends who addressed the importance of love in and their strategies for building connections
- [100 stories](#): stories about the experiences of 100 Ballarat residents living with dementia.
- [Letters of Love and Dementia](#): campaign calling community members to write letters to people with dementia, and for people with dementia to write to friends, family
- [The Kiss](#): portraits of people with dementia kissing someone they love
- [The Mirror](#): home snaps of people with dementia doing something they love

- [LoveFest](#): a festival of love and dementia where the Museum of Love is hosted in local communities to work with local people on raising community awareness and creating change
- [Book chapter](#): coauthored a chapter on Dementia, Love and Intimate Citizenship published in the International Handbook of Love.

Alice's Garage

Established [Alice's Garage](#) to empower older LGBTI people and promote healthy LGBTI Ageing. The program amplifies the voices of older LGBTI people. Activities undertaken as part of Celebrate Ageing include:

- [Turbulence](#): a series of short films about the challenges of ageing experienced by older LGBTIQ+ people and the transformative power of intergenerational connection
- [The Grief Garden](#): stories from older LGBTIQ+ people about Pride and 'what and whom' has been lost – translated into garden design by landscape architecture students
- [Royal Commission into Quality and Safety in Aged Care](#): participated in round table with the Commission on issues for older LGBTI people, working with several older LGBTI people on submissions and developing a submission to the Commission
- [Rainbow Ageing](#): co-researcher on a La Trobe University led, ARC funded project to build the first national evidence base on the health and well-being of older LGBTI Australians and utilise this information to stimulate and guide reforms to policy and service provision.
- [Kinfolk](#): working with older TGD people, family relationship services and aged care services to improve older TGD people's control over their gender identity and expression in the context of their own families and aged care services
- [Rainbow Ready Road Map](#): consultant to the Victorian Government Department of Health documenting a Rainbow Ready Road Map for inclusive communities and services
- [Discussion paper](#): consultant to the Victorian Government Department of Health documenting a discussion paper for the state LGBTIQ+ strategy
- [Finding Strong](#): collaboration with an 84 year old lesbian to document her historical experiences of so called 'cures' and contemporary discrimination in guides for LGBTI culturally aware services.
- [Never a Crime](#): mask making workshops to build pride and to heal the shame and stigma associated with LGBTIQphobic abuse
- [Abundance](#): a story pantry affirming TGD people as they age. Pantry created using text, photographs, film and preserves of fruit and vegetables
- [Hold Hands on a Tram](#): a project raising awareness of Lesbian Herstory and the resistance that got older lesbians through historical experiences of lesbophobia
- [Runway6](#): older LGBTI people modelling fashion from a Queer designer and reflecting on self confidence in an ageist/Queerphobic world
- [100 years of Love](#): a project documenting the lives and loves of three lesbian couples living in Ballarat who have collectively been together for over 100 years
- [Strong House](#): a webpage of messages from older LGBTI people about getting through tough times – such as the Marriage Equality postal vote
- [The REAL Big Hug](#): contracted to coordinate an event celebrating the achievements of allies who supported LGBTIQ Victorians through the Marriage Equality postal vote
- [Grateful Rainbow](#): a Facebook group/web resource established on the one year anniversary of the Marriage Equality Postal Vote to promote mental wellbeing of LGBTIQ Australians
- [Pulse of My Heart](#): a series of four films documenting the journey of a lesbian couple living with dementia.

- [Pink Wolves](#): co-hosted a vigil in solidarity for gay and bisexual men in Chechnya
- [Tango Project](#): Documenting older LGBTI Victorian's experiences of abuse and discrimination on the basis of their sexual orientation, gender identity or sex.
- [New Moves](#): Co-hosted an event for Senior's Festival which brought Victoria's Commissioners and older LGBTI Victorians together for a High Tea
- [The Baroness of Balaclava](#): hosted an event celebrating the life of gay activist Richard James, including production of a film
- [Tscreen](#): worked with BreastScreen Victoria on consultation with TGD community members on how to create TGD inclusive services - the organisation achieved a Rainbow Tick in 2019
- [Beautiful Women](#): Developed and coordinated a campaign for BreastScreen Victoria to encourage LGBTI women to undertake a mammogram. The Campaign included photographs of LGBTI women from 26 -76 years of age and was picked up by [Vanity Fair](#), [Huffington Post](#), [Buzz Feed](#) and [Mashable](#)

Work empowering older LGBTIQ+ people and promoting LGBTIQ+ inclusive services prior to establishing Celebrate Ageing includes the following:

- [National LGBTI Ageing and Aged Care Strategy Review](#): Cochair of Federal Government's Committee developing the strategy and participant of a working group charged with responsibility to evaluate the Strategy (2011 – 2017)
- Established [Val's Café](#), a national project based at La Trobe University promoting the health and wellbeing of older LGBTI Victorians including the following activities
 - [Still Gay ...](#): Research and resource development on the needs of LGBTI people with dementia in collaboration with Dementia Australia
 - [Extra degree of difficulty](#): Research and resource development on the needs of older LGBTI carers and the carers of older LGBTI people in collaboration with Carers Australia
 - [Gender is just a part of who I am](#): Research and resource development on trans ageing and trans inclusive aged care services in partnership with TransGender Victoria and The Gender Centre NSW
 - [As we age](#): Research and resource development on intersex ageing and aged care in partnership with OII
 - [On the Same Page](#): Research and resource development to understand how the diverse aged care workforce provides LGBTI inclusive services
 - [Then and Now](#): production a series of films on the experiences and needs of older lesbian, gay and trans Australians
 - [Aged Care How2 Program](#): Developed a 12-month education program to coach aged care service providers through the practical steps involved in becoming LGBTI inclusive. Supported the dissemination of this Program to three other states
 - [National LGBTI Ageing and Aged Care Conference](#): Coordinated Australia's first National LGBTI Ageing and Aged Care Conference in 2014 and repeated the conference in 2015
 - [Operation LOLA](#): Worked with Council on the Ageing, Victoria to develop a process for linking older LGBTI people with their peers
 - [No Need to Straighten Up](#): in partnership with Curtin University, funded by *beyondblue* to document older LGBTI people's experiences of discrimination and the impact on their mental wellbeing

- [Improving the Mental Health of older LGBTI Australians](#): partnership with *beyondblue* to develop an educational resource on older LGBTI people's strategies for mental wellbeing in the face of discrimination
- [We live here too](#): funded by Matrix Guild of Victoria to develop a resource for aged care service providers on the needs of older lesbians
- [LGBTI Inclusive Aged Care Assessment](#): funded by the Aged Care Branch at the Department of Health, Victoria to research the information needs of Aged Care Assessors, develop resources and deliver education on LGBTI inclusive services.
- [Cultural Safety](#): produced *Its More Than Sex and Clothes*, a paper outlining the perspectives of older LGBTI people and service providers on cultural safety in aged care.
- [HACC Pack](#): Grant from the Aged Care Branch at the Department of Health, Victoria to develop resources and deliver education to assist Home and Community Care (HACC) Services deliver LGBTI inclusive services.
- [My People My Story](#): Developed a narrative based resource for Matrix Guild Victoria to help aged care service providers to better understand the experiences and needs of older LGBTI people.
- [Permission to speak \(2009\)](#): Researcher for Matrix Guild of Victoria and Vintage Men to document aged care service provider's perspectives on caring for older LGBTI people
- [My People \(2008\)](#): Researcher for Matrix Guild of Victoria and Vintage Men on a qualitative project to explore older LGBTI people's experiences of aged care.
- [Strengthening Diversity Planning](#): wrote a draft chapter for the Department of Human Services on the needs of LGBTI clients accessing home services.
- [Well Proud Women](#): recipient of a grant from the Australian Lesbian Medical Association to work with Breast Screen Victoria to identify the needs of lesbian, bisexual and trans women accessing breast screening services and to promote inclusive services
- [How² create a GLBTI inclusive rural service](#): developed a rural program in partnership with the Centre for Excellence in Rural Sexual Health (CERSH) at The University of Melbourne to coach rural health and human service organisations to develop GLBTI inclusive services
- [Beyond a Rainbow Sticker, How² create a GLBTI inclusive service](#): repeated the program for service providers on becoming LGBTI inclusive
- [Beyond a Rainbow Sticker](#): Developed a program for Gay and Lesbian Health Victoria to coach organisations through the process of developing GLBTI inclusive practice. The Program includes working with organisational champions to audit practices, implement and evaluate improvements over a 12-month period
- [Rainbow Tick](#): Coordinator of a project undertaken by Rainbow Health Victoria and the Quality Improvement Council (QICSA) and funded by the Department of Health Victoria to develop national standards for LGBTI inclusive practice that could enable health and human services to be accredited. Roles included drafting and piloting the Standards
- [Well Proud](#): Coordinated a project for Gay and Lesbian Health Victoria and funded by the Department of Health, Victoria that resulted in the development of guidelines for LGBTI inclusive health and human services in Victoria

Publications include

- [Australasian Journal on Ageing LGBTI special edition](#): coeditor for this special edition and coauthored four papers
- With Dr Ruth McNair, developed a chapter on older LGBTI people for the Royal Australian College of GP's online publication: [The Silver Book](#), 2020 edition

- Alba B, Lyons A, Waling A, Minichiello V, Hughes M, **Barrett C**, Fredriksen-Goldsen K, Edmonds S. (2020). Health, well-being, and social support in older Australian lesbian and gay caregivers. *Health and Social Care in the Community*. 20:204-215
- Alba B, Lyons A, Waling A, Minichiello V, Hughes M, **Barrett C**, Fredriksen-Goldsen K, Blanchard M, Irlam C. (2019). Demographic and Psychosocial Predictors of Housing Security in Older Lesbian and Gay Australians. *International Journal of Aging and Human Development*. 89:57-76
- Waling A, Lyons A, Alba B, Minichiello V, **Barrett C**, Hughes M, Fredriksen-Goldsen K, Edmonds S (2019). Experiences and perceptions of residential and home care services among older lesbian women and gay men in Australia. *Health and Social Care in the Community*. 27:1251-1259
- **Barrett, C**, Cramer, P, Lambourne, S and Latham, J.R. (2015). 'We are still gay' ... the needs of LGBT Australians living with dementia. *Australian Journal of Dementia Care*.
- **Barrett, C**, Cramer, P, Latham, J.R. Whyte, C and Lambourne, S. The Perspectives of Lesbian, Gay and Trans (LGT*) (2015). People and their Partners on Living with Dementia. In *Lesbian, Gay, Bisexual, and Trans* Individuals Living with Dementia*. Westwood, S and Price, E (eds). Routledge, London
- Leonard, W., Duncan, D. and **Barrett, C**. "What a difference a gay makes: The constitution of the 'older gay man'" in Kampf, A., Marshall, Petersen, A. (eds.) (2015). *Aging Men: Masculinities and Modern Medicine*. London, Routledge.
- Cramer, P; **Barrett, C**; Latham J.R. and Whyte, C (2015). Its more than sex and clothes. Culturally safe services for older lesbian, gay, bisexual, transgender and intersex people. *Australasian Journal on Ageing*. LGBTI Special Edition. 34(2). Pp. 21-25
- **Barrett, C**; Cramer, P; Lambourne, J.R. and Whyte, C. (2015). Understanding the experiences and needs of lesbian, gay, bisexual and trans Australians living with dementia and their partners. *Australasian Journal on Ageing*. LGBTI Special Edition. 34(2). Pp. 34-38
- Latham, J.R. and **Barrett, C**. (2015) Appropriate bodies and other damn lies: Intersex ageing and aged care. *Australasian Journal on Ageing*. LGBTI Special Edition. 34(2). Pp. 19-20
- **Barrett, C.**, Whyte, C., Comfort, J., Lyons, A., & Cramer, P. (2015). Social connection, relationships and older lesbian and gay people. *Sexual and Relationship Therapy*, 30(1) (Special Issue), 131-142.
- Lyons, A., Croy, S., **Barrett, C.**, & Whyte, C. (2015). Growing old as a gay man: How life has changed for the gay liberation generation. *Ageing and Society*, 35(10), 2229-2250.
- **Barrett, C.**, Mitchell, A., Craig, L., Crock, L. (2010). Ready or not: Addressing stigma and promoting wellbeing of people living with HIV in aged-care. *HIV Australia*, 8(3), 35-37.

The OPAL Institute

Established [The OPAL Institute](#) to promote the sexual rights of older people – with a particular focus on preventing the sexual assault of older women. Activities undertaken for Celebrate Ageing include the following

- [The Sexual Rights of Older People](#): co-edited a book outlining the first global framework on the sexual rights of older people
- [Margarita](#): directed a film documenting the experiences of Margarita Solis, who shared her story of sexual assault at age 95

- [#SheToo](#): campaign co-led by 97 year old Margarita to raise awareness of the importance of listening to older women who report sexual assault
- [Submission](#) to the Royal Commission into Quality and Safety in Aged Care, on the sexual assault of older women
- [#ReadyToListen](#): project coordinator for national project led by OPAN in partnership with Celebrate Ageing and the Older Women's Network of NSW and funded by the Australian Government Department of Health to prevent sexual assault in residential aged care. Over 35 resources were developed, including the following:
 - A leadership program for service providers
 - An online learning module
 - A community leaders' campaign
 - MAP Audit tool – self assessment against the 10 MAP elements
 - A Dementia and Sexual Assault MAP
 - An Older Women's MAP
 - A reporting poster
 - A Charter of Sexual Rights and Responsibilities
 - A guide to sexual consent
 - A guide to indicators of sexual assault in residential aged care
 - A guide to understanding the impacts of sexual assault
 - A guide to reporting sexual assault to the police and criminality seminar
 - Guidelines for contacting a sexual assault service
 - Resource for families
 - Resource for residents
 - Framework for Open Disclosure
 - Framework for Trauma Informed Services
 - Resource on reducing resident vulnerability
 - A policy Kit
- [Dementia and Sexual Assault Special Interest Group](#): working with people living with dementia as part of the #ReadyToListen project to prevent sexual assault of people living with dementia. Outcomes include
 - [Town Hall Meeting](#): hosted by people living with dementia for 55 peaks (sexual assault, family violence, aged care), policy makers, clinicians and researchers to present key issues and identify solutions
 - [In Sickness and Health](#): documenting resources for older people who are sexually assaulted by a partner living with dementia
- [Round Table](#): addressed a Round Table in Parliament House on preventing sexual assault of older women. Event hosted by Senator Rachel Siewert
- [Power project](#): established a project and online resource to help prevent the sexual assault of older women. Activities include
 - [#InHerShoes](#): Coordinating a project in partnership with the Older Women's Network of NSW to document the responses to older women and their families who report sexual assault
 - [#WalkWithHer](#) to encourage solidarity and listening to older women who are sexually assaulted
 - [Information](#): support services, prevalence, resources, reporting, timelines, definition etc on sexual assault prevention
 - Workshop on [Unlawful Sexual Contact - compliance, resourcing and prevention](#) with the Aged Care Quality and Safety Commission prior to the Australian Association of Gerontology Conference

- Publication with the Australian Association of Gerontology of a [paper](#) outlining the outcomes of the November pre-conference workshop on sexual assault

Work promoting the sexual rights of older people and preventing sexual assault prior to establishing Celebrate Ageing includes the following:

- Established a Sexual Health and Ageing Program at the Australian Research Centre in Sex Health and Society at La Trobe University. Activities included:
 - [The SAM project](#): part of a team of researchers led by La Trobe University working in partnership with the National Ageing Research Institute and the University of Sheffield that received ARC Discovery Funding to address the 58% increase in STIs amongst older people and develop education and resources for prevention.
 - *Its Gone Wild Out There*: chief researcher for a [project](#) in partnership with Women's Health in the South East (WHiSE) that documented older women's experiences of sexual wellbeing and safety
 - [Norma's project](#): Funded by the Department of Families, Housing, Community Services and Indigenous Affairs to document older women's experiences of sexual assault and strategies for prevention
 - [Older Women's Right to be Safe and Home and in Care](#): In partnership with Council on the Ageing Victoria, funded by the Victorian Women's Trust to document and build upon aged care service providers strategies for preventing the sexual assault of older women.
 - [Sexuality After Stroke/How² implement Guideline 8.5 \(sexuality after stroke\)](#): a two-year collaboration with the Victorian Stroke Network to assist stroke clinicians to provide information on sexuality to stroke patients.
 - [Happy birthday](#): collaboration with a sociology intern from Swinburne University to analyze social constructions of older people's sexuality in 'humorous' birthday cards as a resource to assist service providers challenge their own ageism
 - [Well for Life \(at home\)](#): Wrote a section on sexuality and the emotional wellbeing of older people living at home, for Department of Health Victoria
 - [Well for Life \(in care\)](#): Wrote a section on sexuality and the emotional wellbeing of older people living in residential aged care, for Department of Health Victoria

Publications include:

- Barrett, C and Hinchliff, S (2017). *Addressing the Sexual Rights of Older People. Theory, Policy and Practice*. Routledge, London
- Australian Journal of Dementia Care included a feature on listening to older women who experience sexual abuse. It focused particularly on sexual abuse and dementia (link [here](#).)
- Fileborn, B; Barrett, C and Bows, H. (2019). *Sexual violence against older women: documenting the practices of aged care service providers*. Violence Against Older Women. Palgrave Macmillan
- Lyons, A., Heywood, W., Fileborn, B., Minichiello, V., **Barrett, C.**, Brown, G., Hinchliff, S., Malta, S., & Cramer, P. (2017). [Sexually active older Australian's knowledge of sexually transmitted infections and safer sexual practices](#). *Australian and New Zealand Journal of Public Health*. Epub-ahead-of-print. doi: 10.1111/1753-6405.12655
- Lyons, A., Heywood, W., Fileborn, B., Minichiello, V., **Barrett, C.**, Brown, G., Hinchliff, S., Malta, S., & Cramer, P. (2017). [The Sex, Age, and Me Study: Recruitment and sampling for a large mixed-methods study of sexual health and relationships in an older Australian population](#). *Culture, Health and Sexuality*. Epub-ahead-of-print. doi: 10.1080/13691058.2017.1288268

- Fileborn, B., Brown, G., Lyons, A., Hinchliff, S., Heywood, W., Minichiello, V., Malta, S., **Barrett, C.**, & Cramer, P. (2017). Safer sex in later life: Qualitative interviews with older Australians on their understandings and practices of safer sex. *Journal of Sex Research*. Epub-ahead-of-print. doi: 10.1080/00224499.2017.1280121
- Fileborn, B., Lyons, A., Heywood, W., Minichiello, V., Hinchliff, S., **Barrett, C.**, Brown, G., Malta, S., & Cramer, P. (2016). The importance of sex and sexual pleasure for men aged 60 and older who engage in heterosexual relationships: Findings from a qualitative interview study. *Archives of Sexual Behavior*
- Hinchliff, S., Fileborn, B., Alba, B., Lyons, A., Minichiello, V., Barrett, C., Brown, G., Malta, S. and Dow, B. (2020) 'Talking about sex with friends: perspectives of older adults from the Sex, Age and Me study in Australia' , *Culture, Health and Sexuality*
- Heywood, W., Lyons, A., Fileborn, B., Minichiello, V., **Barrett, C.**, Brown, G., Hinchliff, S., Malta, S., & Cramer, P. (2016). Self-reported testing and treatment histories among older Australian men and women who may be at risk of a sexually transmitted infection. *Sexual Health*. Epub-ahead-of-print. doi: 10.1071/SH16075
- **Barrett, C** (2011). Storyboarding: using the arts to promote the sexual health and emotional wellbeing of older Australians. *Culture, Health and Sexuality*. Supplemental volume. 13 (1).
- **Barrett, C** (2011). Auditing organisational capacity to promote the sexual health of older people. *Electronic Journal of Applied Psychology*. 7(1): 31-36.

Long Polio

Currently working with Polio survivors to document their experiences and needs and guides to inclusive services and communities, particularly for people ageing with Post Polio Syndrome

Events and campaigns

Annual events hosted to engage service providers and the broader community in understanding the evidence and creating culture change required to combat ageism and build respect for older people.

Embolden

Embolden: an annual Festival (Symposium, Congress, Fashion Event) challenging ageism and building respect for older people. Embolden provides a platform for older people leading cultural change, facilitates engaging workshops and presents innovative art-based activities to create change. Activities including a Fashion Parade for models 65 plus.

Projecting Beauty

Projecting Beauty, or Catwalks against ageism, is fashion based activity that challenges the ageist misconception that beauty is limited to youth. The project works with older people to identify their catwalk attitude and take it to their everyday life as a protective

Older Women Count

Established an #OlderWomenCount Campaign in 2023 to build respect for older women. Reach for first campaign includes:

- Produced a film of an older woman artists reflections – 2,300 views in first month
- Campaign featured front page of The Senior Newspaper

Pre Celebrate Ageing work history

An outline of the positions held prior to establishing Celebrate Ageing Ltd.

Senior Research Fellow

2006 – 2015 Research Assistant to Senior Research Fellow at the Australian Research Centre in Sex, Health and Society at La Trobe University. Role included establishing a Sexual Health and Ageing Program.

PhD Candidate

2000 – 2006: PhD Candidate, The University of Melbourne. Developed, implemented and evaluated a systemic approach to emancipatory practice development (action research) in an acute care setting. Publications include the following:

- Bouras, C. and **Barrett, C** (2007). Strategies to enhance patient-centred care in a cardiothoracic surgical unit. *Practice Development in Health Care*, 6, 150-164
- **Barrett, C.**, Angel, J., Gilbert, M., Bouras, C., Thompson, K. & Singleton, E. (2005). Systematic processes for sustainable practice development. *Practice Development in Health Care*, 4 (1), 5-13
- **Barrett, C.**, Borthwick, A; Bugeja, S; Parker, A; Vis, R; Hurworth, R. (2005) Emotional labour: Listening to the patient's story. *Practice Development in Health Care*, 4 (4), 213-223.

Nurse Unit Manager, Aged Care

1993 – 2000: Nurse Unit Manager, Melbourne Extended Care and Rehabilitation Service: Managed a complex care, residential unit with 21 residents and 45 staff. Achievement included:

- Awarded two commendable ratings from the Aged Care Standards and Accreditation Agency
- Co-founded a Sexual Health Policy Committee and co-developed Australia's first sexual health policy for aged care
- Four-year period as a Consultant Nurse for the National Ageing Research Institute: facilitating education in aged care and assisting in the design, implementation and evaluation of research, developing and coordinating education programs for aged care
- Researcher on an action research project exploring staff knowledge and attitudes to sexuality and ageing and implementing staff education. Funded by the Department of Veteran's Affairs
- Edited a book: **Barrett, C.** (ed) (2004). *Gastrostomy care: A guide to practice*. Ausmed

Nurse, Residential Aged Care

1982-1993 Registered Nurse in various roles in residential aged care at the Queen Elizabeth Geriatric Centre, Ballarat and Melbourne Extended Care and Rehabilitation Service.

General Nurse Training

1979 -1982 general nursing training at St John of God Hospital, Ballarat.